

Renée D. Burwell

LCSW, MPA, CST-S, CSE

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Skilled psychotherapist and educator with specializations in sex therapy, relationship therapy, and trauma. She is a skilled facilitator offering trainings and workshops to professionals and the community on topics involving mental health, sexual health, and reproductive and racial justice.

Education

2000-05 - 2004-05	Bachelor of Arts: Psychology <i>Spelman College - Atlanta, GA</i>
2005-08 - 2008-05	Master of Social Work: Social Work <i>University of Southern California (USC) - Los Angeles, CA</i>
2007-01 - 2008-05	Master of Public Administration: Nonprofit Management <i>University of Southern California - Los Angeles, CA</i>
2014-03 - 2015-03	Post Graduate Certificate: Sex Therapy and Education <i>University of Michigan - Ann Arbor - Ann Arbor, MI</i>

Certifications and Licensure

Tennessee Licensed Clinical Social Worker #6597

Kentucky Licensed Clinical Social Worker #2564065

Florida Licensed Clinical Social Worker #27232

AASECT Certified Sex Therapist, Supervisor and Educator #1265091

Multidisciplinary Approach to Psychedelics Trained

Work History

2014-09 - Current

Founder, Sex Therapist, and Sex Educator

Pandora's Awakening, Nashville, TN

- Provides sex, individual, couples and family therapy.
- Areas of practice specialization include sex therapy, relationship counseling, grief, trauma, including EMDR trained.

- Responsibilities include, conducting clinical assessments, treatment planning and working collaboratively with client and collateral professionals towards target goals.
- Manages a staff of five clinicians
- Facilitator and sex educator
- Trained Our Whole Lives Facilitator, Young and Older Adults
- Trained in IMAGO, PACT, Prepare-Enrich, Ellyn Bader Couple's Institute, Our Whole Lives Education Training
- Kundalini Yoga Teacher

2016-10 - 2018-11

Tennessee State Coordinator

Provide, Nashville, TN

- Trained healthcare and social services staff in pregnancy options, counseling, and referral-making of reproductive health information.
- Educated healthcare and social services on how pregnancy options are an important aspect of sexual health and being a sex positive provider.
- Researched, identified, assessed and recruited training sites among social service and health care providers to promote access to pregnancy options.
- Provided technical assistance to sites in order to integrate and enhance reproductive health services into institutional practices and policies.

2011-12 - 2015-01

Care Coordinator

Amerigroup CHOICES, Nashville, TN

- Collaborated with client and health professionals in creating individualized treatment plans for clients with high risk complications.
- Managed members with chronic illnesses, co-morbidities, and/or disabilities, to insure cost effective and efficient utilization of health services.
- Coordinated creative solutions to clients' health care needs while optimizing efficiency and quality outcomes.
- Conducted ongoing member assessments to include implementation, coordination, monitoring and evaluation of care.
- Received Values in Action Award for exceeding expectations of service to clients and providers.

2010-03 - 2011-10

Care Manager, LMSW

Univita Health, Nashville, TN

- Evaluated claimants by monitoring care plans and medical documentation.
- Reviewed existing policies and procedures as well as developed new and on-going procedures and policies for existing clients.
- Interacted with care management agencies to maintain performance standards.
- Educated and evaluated clinical and support staff regarding care quality management regulations and standards of care.

- Worked with providers to define quality metrics and outcome reporting process.

2008-07 - 2009-12

Graduate Program Advisor

USC Rossier School of Education, Los Angeles, CA

- Advised students pursuing graduate study in School Counseling, Educational Psychology and Instructional Technology, Postsecondary Administration and Student Affairs, Marriage and Family Therapy, TESOL, and TEFL.
- Advised on matters of curriculum, course and degree requirements, transfer credit evaluation, and graduation counseling and clearance.
- Evaluated student problems, academic, administrative or personal, and refers student to appropriate student services office for additional counseling.
- Coordinated Orientation and Commencement activities for Rossier School of Education.
- Liaised with campus departments on behalf of students to facilitate problem resolution.

2008-05 - 2008-09

Medical Social Worker

The Best of Times Adult Day Health Care Center, Los Angeles, CA

- Worked with medical teams, patients and families to implement effective treatment plans.
- Documented case notes daily and coordinated follow-up for seamless case management.
- Organized clinical documentation, treatment plans, and referrals.
- Provided ongoing counseling to help patients deal with conditions and processes
- Preserved and prepared reports and treatment records.

2006-08 - 2007-05

Master of Social Work, Quality Assurance Intern

Didi Hirsch Community Mental Health Center, Los Angeles, CA

- Organized 12 continuing education workshops for licensed clinicians.
- Facilitated therapeutic creative writing group for transitional youth with mental illness.
- Obtained legislative sponsorship, provided administrative support, and assisted in fundraising for capital campaign that focused on ending stigma associated with mental illness.
- Developed and implemented a community needs assessment for three agency programs.
- Assisted in the creation of a culturally sensitive community education program that focused on breaking down barriers in accessing mental health services.

2005-08 - 2006-08

Master of Social Work Intern

Burbank Hospice, Los Angeles, CA

- Provided psychosocial services to terminally ill patients and their families.
- Worked collaboratively with an interdisciplinary team to provide diagnostic evaluations and plan of care for the patient and family.
- Provided Pre-Bereavement and grief counseling to patients and their families.

2004-08 - 2005-08

Program Specialist Assistant/AmeriCorps*VISTA

UCLA & City of Inglewood, Inglewood, CA

- Identified potential public and private funding sources through grant writing and fundraising.
- Coordinated and created academic support services, college awareness and preparatory workshops and programs to present to high school and middle school students and parents.
- Organized and hosted College, Career, and Health Fair with over 2,000 attendees.
- Developed and supervised a volunteer program with 15 community volunteers.
- Trained community members in Microsoft Office Applications.
- Restructured College Resource Center and Computer Lab.

Academic, Administrative, Clinical Appointments

2020-Present: Lecturer, University of Michigan Sexual Health Certificate Program. Sexuality Attitude Reassessment

2016-2021: Lecturer, Vanderbilt University School of Medicine, OBGYN Rotation. Women's Sexuality

2017-2019: Lecturer, Vanderbilt University, Master's in Human Development Counseling. Human Sexuality Within Communities of Color

Memberships in Professional Societies

- National Association of Social Workers #886658696
- The Association of Black Sexologist and Clinicians
- American Association of Sexuality Educators, Counselors & Therapists, Certified Sex Therapist (AASECT), elected Mid-Continent Representative
- American Academy of Psychotherapists
- Society for Sex Therapy and Research (SSTAR)
- Women of Color Sexual Health Network (WOCSHN)
- Nashville Psychotherapy Institute
- Multidisciplinary Association for Psychedelic Studies (Trained September 2022)

Professional Committee and Volunteer Service

2015-Present. Board of Directors/President, Tristar National Alliance for Sexual Health (TNASH)
2020-Present. Board of Directors/Founder/President, The Healing Ear Foundation
2018-Present. Mid-Continent Representative, American Association of Sexuality Educators, Counselors, and Therapists (AASECT)
2019-Present. Planned Parenthood of Tennessee and Northern Mississippi Community Board Member
2020-Present. Sex Positive World Black Advisory Board
2015-2017. Sex Positive Nashville Board Member
2015-2018. Volunteer Group Therapist-Health Sexuality, Magdalene House, Thistle Farms
2014-2016. Bedroom Kandi Consultant Advisory Committee
2015-2017. Sexual Assault Center Crisis Line Volunteer
2009-2010. Board of Directors/Co-Chair, Delta Sigma Theta Head Start

Awards

2021 AASECT Award for Integrative Approaches to Sex Therapy
2018 Planned Parenthood of Tennessee and North Mississippi, Family Life Educator Award
2016 Bedroom Kandi Sex Educator of the Year
2014 Bedroom Kandi Sex Ed Guru

Invited Presentations and Trainings

"Music City Sexuality Attitude Reassessment," Tristar National Alliance for Sexual Health, 2019-Present
"Fundamentals of Women's Sexuality," Vanderbilt University Medical School, OBGYN Rotation, December 2018; April 2019; May 2019; September 2019; December 2019; March 2020; October 2020; September 2020; March 2021; June 2021
"Sexuality Attitude Reassessment," University of Michigan, December 2020; April 2021
"Simple Techniques for Incorporating Sexual Health into Your Practice," Tristar National Alliance for Sexual Health Presenter, 2018-Present
"Ethical Considerations when Treating Black Sexual Assault Survivors," Tennessee Coalition to End Domestic Violence and Sexual Assault, April 2020
"Human Sexuality within Communities of Color," Indiana University, March 2020
"Human Sexuality with Communities of Color," Still I Rise Conference, University of Tennessee, Knoxville, February 2020
"Addressing Sexual Dysfunctions while Treating Sexual Trauma," Sexual Assault Center, January 2020

"Human Sexuality within Communities of Color," Vanderbilt Human Development Counseling Program, February 2019

"Techniques for Incorporating Sexual Health into Your Practice," NASW-TN, Jackson, TN, November 2019

"Techniques for Incorporating Sexual Health into Your Practice," NASW-TN, Johnson City, TN, June 2019

"Sex 101," Girls to the Moon, September 2018

Sex Positive Nashville Facilitator, 2016-2018

"Pornography and Sexual Health," Panel, Vanderbilt Margaret Cuninggim Women's Center, November 2018

"Pleasure as a Tool for Prevention," Sex Down South Conference, October 2018

"Sexual Health within Communities of Color in the South," Sex Down South Conference, October 2018

"Sexual Health within Communities of Color," Black Social Work Coalition, Nashville, TN, October 2018

"Compassionate All Options Referrals Counseling," TN Association of Alcohol and Drugs (TAADAS), Nashville, TN, October 2018

"Compassionate All Options Referrals Counseling," TN Coalition to End Domestic Violence, Nashville, TN, September 2018

"Compassionate All Options Referrals Counseling," Partnership for Families, Children, and Adults, Chattanooga TN, September 2018

"Compassionate All Options Referrals Counseling," Nashville YWCA, Nashville, TN, July 2018

"Compassionate All Options Referrals Counseling," Fayette Cares, Sommerville, TN, July 2018

"Compassionate All Options Referrals Counseling," Avalon Center, Crossville, TN, May 2018

"Compassionate All Options Referrals Counseling," Friends for Life, Memphis, TN, May 2018

"Compassionate All Options Referrals Counseling," Morning Star Sanctuary, Crossville, TN, May 2018

"Compassionate All Options Referrals Counseling," Salvation Army, Knoxville, TN, May 2018

"Compassionate All Options Referrals Counseling," Christ Community Health Services, Memphis, TN, April 2018

"Compassionate All Options Referrals Counseling," Friends for Life, Memphis, TN, April 2018

"Compassionate All Options Referrals Counseling," Knoxville Family Justice Center, Knoxville, TN, April 2018

"Human Sexuality within Communities of Color," Vanderbilt Human Development Counseling Program, February 2018

"Reproductive Justice and Sexual Health," Panel, Health and Free TN, February 2018

"Compassionate All Options Referrals Counseling," Streetworks, Nashville, TN, February 2018

"Compassionate All Options Referrals Counseling," Fayette Cares, Sommerville, TN, January 2018

"Mental Health and Divorce," Second Saturdays, 2016-2018

"Compassionate All Options Referrals Counseling," TN Department of Health Family Planning Leadership Training, Nashville, TN, December 19-20, 2017

"Sex Ed and Healthy Relationship," Panel, Vanderbilt Margaret Cuninggim Women's Center, November 2017

"Compassionate All Options Referrals Counseling," Mid-South Peach and Justice Center, Memphis, TN, November 2017

"Compassionate All Options Referrals Counseling," TN Coalition to End DV and Sexual Assault, Nashville, TN, November 2017

"Compassionate All Options Referrals Counseling," Llyod Elam Mental Health Center, Nashville, TN, October 20, 2017; October 27, 2017

"Compassionate All Options Referrals Counseling," NASH Lunch and Learn, Nashville, TN, October 2017

"Compassionate All Options Referrals Counseling," Correctional Care Clinic, Nashville, TN, October 2017

"Compassionate All Options Referrals Counseling," Rape & Crisis Center, Memphis, TN, September 13-14, 2017

"Pleasure as a Tool for Prevention," TN Coalition to End Domestic Violence and Sexual Assault, July 2017

"Compassionate All Options Referrals Counseling," NASW-TN, Nashville, TN, July 2017

"Compassionate All Options Referrals Counseling," Martha O Bryan Center, Nashville, TN, July 14, 2017; July 28, 2017

"Compassionate All Options Referrals Counseling," NASW-TN, Nashville, TN, July 2017

"Thriving and Understanding Mental Health," Panel, June 2017

"Compassionate All Options Referrals Counseling," Family and Children's Services, Nashville, TN, May 2017

"Compassionate All Options Referrals Counseling," Planned Parenthood Knoxville, Knoxville, TN, May 2017

"Compassionate All Options Referrals Counseling," Community Health of East TN Shelter, Scott County, TN, April 2017

"Compassionate All Options Referrals Counseling," Correctional Development Center, Nashville, TN, April 2017

"Compassionate All Options Referrals Counseling," Family Safety Center, Memphis, TN, March 2017

"Compassionate All Options Referrals Counseling," Cocaine Alcohol Awareness Program, Memphis, TN, March 2017

"Compassionate All Options Referrals Counseling," Nashville Cares, Nashville, TN, March 2017

"Compassionate All Options Referrals Counseling," Family and Children's Services, Nashville, TN, March 2017

"Compassionate All Options Referrals Counseling," TN Statewide HIV/AIDS Conference, Nashville, TN, March 2017

"Compassionate All Options Referrals Counseling," Tennessee Conference on Social Welfare, Nashville, TN, March 2017

"Compassionate All Options Referrals Counseling," Trinity Behavioral Health, Clarksville, TN, March 2017

"Compassionate All Options Referrals Counseling," Memphis Family Safety Center, Memphis, TN, March 2017

"Compassionate All Options Referrals Counseling," YWCA Annual Event, Nashville, TN, March 2017

"Compassionate All Options Referrals Counseling," LGBTQI and Sexual Health, Nashville, TN, March 2017

"Compassionate All Options Referrals Counseling," Planned Parenthood of Middle and East TN, Nashville, TN, March 2017

"Compassionate All Options Referrals Counseling," Nashville Alliance for Sexual Health, Nashville, TN, February 2017

"Compassionate All Options Referrals Counseling," Healthy and Free TN, Nashville, TN, February 2017

"Compassionate All Options Referrals Counseling," Correctional Development Center, Nashville, TN, February 2017

"Compassionate All Options Referrals Counseling," Family Safety Center Community Partner, Memphis, TN, February 2017

"Compassionate All Options Referrals Counseling," Vanderbilt University Divinity School, Nashville, TN, January 24, 2017; January 26, 2017

"Compassionate All Options Referrals Counseling," Partnership to End AIDS Status, Memphis, TN, December 2016

"Compassionate All Options Referrals Counseling," Domestic Violence Mix and Mingle Presentation, Chattanooga, TN, October 2016

Bedroom Kandi Consultant, 2013-2016

"Compassionate All Options Referrals Counseling," Healthy and Free TN, Nashville, TN, September 2016

"Compassionate All Options Referrals Counseling," MIFA Food Bank Conference, Memphis, TN, April 2016

"Mind Body Connection," Girls to the Moon, September 2016

"Compassionate All Options Referrals Counseling," HIV Memphis, Memphis, TN, September 2016

"Compassionate All Options Referrals Counseling," TN Dept of Health and Human Services, Nashville, TN, August 2016

"Compassionate All Options Referrals Counseling," Planned Parenthood, Knoxville, TN, July 2016

"Compassionate All Options Referrals Counseling," Saving Ourselves Symposium, Memphis, TN, June 2016

"Compassionate All Options Referrals Counseling," Rural Health Association, Nashville, TN, May 2016

"Compassionate All Options Referrals Counseling," Sister Reach, Memphis, TN, May 2016

"Compassionate All Options Referrals Counseling," Chick History, Nashville, TN, May 2016

"Compassionate All Options Referrals Counseling," Memphis Gay & Lesbian Community Center, Memphis, TN, May 2016

"Compassionate All Options Referrals Counseling," Training Women Matter, Johnson City, TN, May 2016

"Compassionate All Options Referrals Counseling," Mercy Junction, Chattanooga, TN, April 2016

"Compassionate All Options Referrals Counseling," Integrative Medical Services, Nashville, TN, April 2016

"Compassionate All Options Referrals Counseling," Vanderbilt University School of Nursing, Nashville, TN, April 2016

"Compassionate All Options Referrals Counseling," TN Coalition to End Domestic Violence, Nashville, TN, April 2016

"A Clinicians Guide to Recommending Intimate Products," Association for Black Sexologists and Clinicians Annual Conference, Philadelphia, PA, October 2015

"A Clinicians Guide to Recommending Intimate Products," Nashville Alliance for Sexual Health, Nashville, TN, April 2015

Publications and Experiences

"The Elephant in the Room: Racism in the Therapy Space," Psychobiological Approach to Couple's Therapy Blog, <https://www.thepactinstitute.com/blog/the-elephant-in-the-room-racism-in-the-therapy-space>, June 2021

"Buzz Blog," Contributing Writer, Pure Romance, <https://buzz.pureromance.com/author/rburwell/>, 2020-Present

"Sexuality & Sexual Health Panel," Aging Matters Nashville Public Television, <https://www.pbs.org/video/intimacy-panel-discussion-aging-matters-npt-lvmr9k/>, December 2019

"How Men and Women use Condoms Differently," Contributor, CNN, <https://www.cnn.com/2019/04/04/health/condom-sex-kerner/index.html>, April 2019

"Men Fall Asleep, Women Cuddle and Other Post-Sex Behaviors that Affect Relationships," Contributor, CNN, <https://www.cnn.com/2019/04/26/health/post-sex-kerner/index.html>, April 2019

"Protecting Our Children from Sexual Exploitation," Our Sexuality, March 2017

"Create Your Own Labels," Our Sexuality, March 2016

"Ask and Tell: Key Steps for Addressing Low Sexual Desire," Our Sexuality, January 2016

"Men Have Feelings Too: Tips for Pleasing Your Man," Our Sexuality, January 2016

"Are You Love Deficient?," Our Sexuality, September 2015

"Consent in the Scene," Our Sexuality, August 2015